Inspiring Hope: 30 years and counting
Dear Friends,

This year marks Prologue’s 30th anniversary!

The passage of time provides a significant perspective in the life of an organization. Thirty years of mission-driven service is a worthwhile accomplishment as we think about the road traveled and the successes and bumps along the way. Certainly, like the acorn not becoming a mighty oak overnight, Prologue has experienced slow but steady growth as we have established roots in the community that have supported us to withstand the test of time and prosper. As we look at our beginning years in contrast to where we are now, we know we have had a significant impact in establishing programs and services that are supportive and responsive to those seeking help in their recovery from mental illness and/or homelessness. In fact, our own story of growth is much like the individual stories of recovery.

Through the years we’ve had the privilege to witness the self determination, perseverance and resilience of individuals as they steadily work to gain autonomy and success in life. This year we share the achievements of Denise, Liz & Lee, Dasher & Patrick and Phil & Fred. The common thread in their success is that it was gained after many years of sustained effort and despite setbacks and disappointments. Each of them would agree that the energy invested was worth the benefit gained. Rick’s journey is similar to that of many of this country’s veterans that lose their way when returning home due to a lack of resources and living with lasting memories of war. Cassandra fell on hard times and quickly rebounded with the needed linkages for housing and emotional support. The face of homelessness continues to change and this year the federal government, through the Hearth Act, widened the definition of homelessness making it easier to serve those in need.

We hope our journey over the past thirty years brings back a memory, makes you mindful of how quickly time passes, encourages you to be present each day and most importantly inspires hope for the future.

Warmest regards,

Ken Tabler
Chairman of the Board

Sandy Rommel
President & CEO

PROLOGUE’S MISSION
Prologue offers hope and support for people experiencing mental illness and/or homelessness. Prologue provides programs and services to help people succeed in self improvement and overall personal wellness. Prologue promotes choices, connection to resources, supportive relationships and motivation for self sufficiency and life enrichment within the community.

“A TRIBUTE TO
BEATRICE COLBERT FLEMING,
1960 - 2012

This annual report is dedicated to the memory of Beatrice Colbert Fleming, a devoted Prologue employee since 1987. She worked her way up as a Case Manager then Case Management Coordinator and in 2000 became Director of the Baltimore County Psychiatric Rehabilitation Program and part of the Management Team. Beatrice had a passion for her work and truly made a difference in the lives of people seeking recovery from mental illness. Beatrice led by example, passing her values to staff and clients alike. Beatrice was lively and always brought humor, a song and a healthy dose of optimism that would lift spirits even on the most difficult days! She was proof that hope combined with laughter is the best medicine.

Beatrice was well respected for her professionalism, experience, knowledge and contributions in the field of mental health. Beatrice approached life with humor, kindness and a generous spirit. The Prologue family celebrates a life well lived and misses her deeply.

“The very least you can do in life is to figure out what you hope for. And the most you can do is live inside that hope.”

— Barbara Kingsolver
The past is a source of knowledge and the future is a source of hope.

— Stephen Ambrose

Nurturing Relationships: Liz and Lee

Liz and Lee married in April 2011 and live in a comfortable condo provided by the Supportive Housing Program. This was a first marriage for each and as Lee once remarked, "what comes late comes solid." Lee came to Prologue's residential rehabilitation program in 1993 after many setbacks with his bipolar disorder – first jail, then Spring Grove Hospital, then to Prologue on conditional release. Over the years Lee gained stability and moved on to Supportive Housing and continued with the day program, setting a life goal to get married. In 2005 he met Liz at the consumer run Wellness and Recovery Center. He was working there part-time and she was attending to gain support for a long standing history of depression. Today you will see a couple very happy to have met, fallen in love and become partners for life. As Lee remarked, "I just feel normal, like I'm part of society."

Prologue Housing

Supervised Residential Units
1983 = 6
2012 = 75
Prologue began as a residential program operating two apartments for six adults recently discharged from state hospitals. Today the Residential Rehabilitation Program provides a structured setting to 75 adults living in Carroll and Baltimore Counties who work on skills to gain self-sufficiency so they can successfully live in the community.

Supportive Housing Units
2002 = 2
2012 = 22
As individuals recovered from mental illness and became more autonomous in their lives, they needed safe affordable places to live. Prologue embarked on a plan to increase supportive housing options for people and began to seek funds to develop housing in desirable safe neighborhoods. The first one bedroom condominium unit was purchased in 2002. Today, the Supportive Housing Program has expanded to include 22 units, mostly one and two bedroom condominiums with rents set at 30% of the resident’s income. Thirty-three people pay subsidized rents living in Pikesville, Reisterstown, Eldersburg and Towson.

HUD 811 housing units
2004 = 7
2012 = 34
To further our housing mission, Prologue submitted proposals to develop affordable housing projects funded by the HUD 811 Program. Over a period of ten years, we were rewarded with 8 million dollars in capital advance and other grant funds to acquire and renovate housing for persons of low income with disabilities. Prologue was able to acquire permanent housing for its Residential Rehabilitation Program by eliminating apartment leases. Funding also increased independent supportive housing. The final HUD 811 project, Kuleana Gardens, is a nine unit apartment building which opened this past May. These projects qualify for rental assistance to maintain operations so rents can stay low.

Shelter Plus Care Housing Slots
1993 = 6
2012 = 60
Many homeless individuals and heads of households recovering from mental illness are unable to qualify for leases. Prologue advocated to the State of Maryland that it was capable of administering Shelter Plus funds to secure permanent housing for qualified homeless households. Today 60 families with 42 children have permanent housing and receive support services from Prologue and other providers through this program.

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Out of the Woods: Rick

In 2004, a series of setbacks sent Rick, a Vietnam Army veteran, into the woods. Using his survival skills, Rick lived through heat waves, snow storms and floods. By 2012, Rick had opened up and become friends with others and was introduced to a Prologue case manager. Wade helped Rick obtain his retirement benefits and his veteran’s pension. Rick wanted to share his good fortune with two homeless friends and they decided to live together; “Living with and working with my friends to overcome homelessness, we have had the opportunity to watch each other grow into better people.” After experiencing thirty years in the business of offering support, we at Prologue can appreciate Rick’s commitment to help others.

Respite and Renewal: Denise

Denise came to Prologue’s Day Program in 1999 seeking respite from the severe symptoms of depression and bipolar disorder. As she emerged from the struggle she radiated a light that spread and inspired hope in others. She has shared her recovery story time and again in the hope it will promote needed legislation or spark someone else’s recovery along the way. In 2005, Denise became the Director of our Wellness and Recovery Center. In 2011 she moved on to become Our Own of Maryland’s WRAP Program Coordinator and Wellness Trainer. Presently, she also serves on several Boards – Prologue Foundation, First Journey Housing Board, Community Behavioral Health Association of MD and Baltimore Crisis Response Inc. In addition she serves on the Baltimore County Mental Health Advisory Council, the MD Commission on Disabilities and the Sheppard Pratt Consumer Council. When asked what she would say to Prologue in honor of our 30th anniversary, she replied, “Thank you for saving my life on more than one occasion.”

1994: Started by Marty Hoffman as a consumer run drop in center providing a place for fellowship and advocacy.
1997: The Homeless Outreach Program (HOP) consists of a staff of 15 including Case Managers, a Street Team Leader, a Shelter Plus Care Housing Coordinator and a Director, all who seek to house homeless people and link them to essential services to maintain their housing. HOP receives a “patchwork” of six grants to support homeless outreach activities throughout Baltimore County in shelters, streets and the woods. Over the years, the homeless population served has expanded to include those with mental illness, substance use, HIV, victims of domestic violence, veterans and those experiencing chronic homelessness.

1993: The Day Program was a “Clubhouse” for individuals released from state hospitals, offering a place to meet and gain knowledge about living with co-occurring disorders. Vocational services connect individuals to employment, volunteering or the pursuit of further education. Consumers meet regularly in MISA (Mental Illness/Substance Abuse) groups to prevent relapse, attend AA/NA meetings and gain knowledge about living with co-occurring disorders. Vocational services connect individuals to employment, volunteering or the pursuit of further education.

1994: Prologue begins providing affordable housing to persons with disabilities.
1995: The Prologue Foundation begins to sponsor annual Ocean City trip for consumers.
1996: Prologue moves to a new site in Pikesville for the day program, homeless outreach and administrative offices.
1997: Another HUD 811 housing affiliate.
1998: Prologue opens a new building, the Harry and Jeanette Weinberg Center in Pikesville — a landmark for the Day Program. It provides state of the art space for classrooms, a library, specialized classrooms for technology and art.

1999: The Prologue community breaks ground for a new site in Pikesville for the day program, drop-in center, homeless outreach and administrative offices.
2000: Prologue continues housing development through HUD 811 with The Shire’s 7 units for 14 individuals — four more condos for Supportive Housing.
2001: Prologue receives its first HUD 811 grant.
2002: The Prologue Wellness and Recovery Drop-In Center opens to offer peer support.
Remaining Connected for Continued Success: Philip and Fred

In 1999 after a 25 year stay at Springfield Hospital for obsessive compulsive and pervasive developmental disorders, Fred moved into the Carroll County Program and continued with a job at Goodwill Industries he had obtained while in the hospital. In 2004, Philip came to Prologue after being hospitalized more than ten years at Springfield. Despite his schizophrenia he obtained a job.

In 2012, Philip and Fred graduated from Prologue’s Residential Rehabilitation Program and moved into a shared apartment in Kuleana Gardens, a Prologue Supportive Housing affiliate. Both are proud of their achievements, yet they remain connected with Prologue to manage stress and receive support to ensure continued success.

Well on Her Way: Cassandra

In the spring of 2012, Cassandra and her one year old daughter were homeless, referred by a domestic violence shelter. She qualified for short term rental assistance and Laura, her Prologue case manager helped her gather initial housing costs. Laura is amazed by Cassandra’s ambition and work ethic. Today, Cassandra works full time and she is prepared to take on her housing expenses when the subsidy ends. Laura predicts that Cassandra will not need Prologue’s help for much longer as Cassandra is seeking to advance her career and is moving up the ladder, joining the ranks of the middle class. This citizen of Baltimore County is responsible for her own success, Prologue is a bit player, providing limited temporary support to weather a crisis.

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Independence: Dosher and Patrick

Patrick came to Prologue 28 years ago, Dosher, 16. They lived as roommates in the Residential Rehabilitation Program a decade ago but each envisioned a future with more independence. This year they became roommates again in the Supportive Housing Program where they enjoy the privacy of their own home and the financial independence that comes from regular earnings. Dosher reports “Patrick is a good roommate; we cook and eat together.” Patrick chimes in that they share expenses, look out for each other and enjoy watching sports together. Through their recovery efforts these two men took charge of debilitating illness by learning to cope with symptoms, have maintained steady jobs and found friendship in creating a home together. They continue to use the connection to the day program to stay well.

The highest compliment you can ever pay me is to say that I work hard every day.

— Wayne Gretzky

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Without the continued support from the following list of dedicated and committed friends of Prologue, Inc. and Prologue Foundation, Inc., our ability to provide the quantity and quality of necessary and vital services to our members would be greatly diminished. We sincerely appreciate their involvement and are most grateful for their generosity.

**DONATIONS: FY 2012**

- **CASH DONATIONS**
  - $1,000 and over
    - BB&T
    - Cyndi & Al Blank
    - Barbara Bland & Michael Garber
    - Carol Care/Pharmacies
    - Molly Coffey & Jeff Reilly
    - Demmer/Melnikoff Family
    - Patricia & Richard
    - Procopio
    - Frederick Schilling II
    - Jackie & John Spelman
    - Toro Builders
  - **$500 and over**
    - Arista & Company MSB
    - HCFL
    - Dawn & Marcellis Mosby
    - Clara P & Rod, M.D.
    - Jeff Wallop
  - **$100 - $499**
    - Anonyous
    - Bright & John Barton
    - Camp Chapel United
    - Marthadise Church
    - Richard H. Contois
    - Paula & Roger Gardner
    - Cathy Han/Church
    - Debbie & Jerry Johnson
    - Naomi & Mohammed
    - Mary B. Smith
    - Valley Michaels
    - Sharon Palmer
    - Louis Richards
    - LaToyawnda Braxton
  - **Up to $99**
    - Anonymous
    - Robert A. Bortlesby
    - Jane B. Burk & John Boyd
    - Janeil & Ben Edelman
    - Kelly & Joe Cranston
  - **GOODS AND SERVICES**
    - Marlyn Abato & Giorgio
    - Therese Bittel
    - Cyndi & Al Blank
    - Bob Davidson Ford
    - Jimi Hendrix
    - Chelsea Fair
    - Cornell Brennon
  - **DONATIONS IN MEMORY OF MARY BILY**
    - Pat Bl
    - Pamela Grant
  - **DONATIONS IN MEMORY OF SHEILA BURK**
    - Betty & Wayne Bump
    - LaGrave
    - Linda Wagner
  - **DONATIONS IN MEMORY OF ALAN OSGURCK**
    - Sandra Diener
    - Erka & Douglas McGovern
    - Susan & Donald Russell
    - Sandra Schonfeld
  - **DONATIONS THROUGH THE UNITED WAY OF CENTRAL MARYLAND**
    - Prologue Workplace Giving
    - Patrick Appel
    - Mary Beth Bauman
    - Molly Coffey
    - Jeff Martin
    - Sandy Rennell
    - Karen Staley
  - **PROGRAMS**
    - Cobalt Architects, Ltd.
    - Richard Bange
    - Trionfo Builders
    - Jack & John Spelman
    - Frederick Schilling II
    - Patricia & Richard
    - Demmer/Melnikoff Family
    - Carroll Care Pharmacies
    - Michael Gerber
    - Cyndi & Al Blank
    - Up to $99
    - Carol & Steve Zimmerman
    - Ethel Zelenske

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**PROLOGUE/PROLOGUE FOUNDATION**

- **Unrestricted Revenues, Gains, & Other Supports**
  - Program revenue: $3,815,974
  - Government grants: 1,638,484
  - Contributions: 5,331
  - Food program: 52,000
  - Supportive housing income: 31,709
  - Interest income: 0
  - Miscellaneous: 264

- **Total Unrestricted Revenues, Gains, & Other Supports**: 5,544,412

- **EXPENSES**
  - Program Services
    - Community psychiatric rehabilitation: 1,186,880
    - Residential rehabilitation: 1,706,395
  - Homeless services: 1,553,481
  - Total Program Services: 4,428,956

- **Total Expenses**
  - Supporting Services: 928,671
  - Management and general: 949,324
  - Total Expenses: 5,357,627

- **Net Assets**
  - Total unrestricted net assets as of June 30, 2012: 5,306,253
  - Change in unrestricted net assets: 10,324
  - Unrestricted Net Assets: 4,710,316
  - Unrestricted Net Assets - End of Year: $4,710,316

**PROLOGUE, INC. STATEMENT OF ACTIVITIES**

- **Years Ended June 30, 2012 and 2011**
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**PROLOGUE AND ITS AFFILIATED ENTITIES RECEIVED GRANT FUNDS FROM THE FOLLOWING SOURCES:**

- U.S. Department of Housing and Urban Development
- U.S. Department of Health and Human Services
- U.S. Department of Agriculture
- Maryland Department of Health and Mental Health
- Mental Health Administration
- Capital Planning, Budgeting and Engineering Services

**PROLOGUE AND ITS AFFILIATED ENTITIES RECEIVED GRANT FUNDS FROM THE FOLLOWING SOURCES:**

- Maryland State Department of Education
- Maryland Affordable Housing Trust
- Baltimore County Core Service Agency
- Baltimore County Department of Planning
- United Way of Central Maryland
- The Harry and Jeannette Weinberg Foundation, Inc.

**Every effort has been made to assure accuracy and include all donations. We apologize for any errors, and request that you notify us of any omissions and/or incorrect information. Donations are for the period of 03/01/11 through 06/30/12.**
PROLOGUE INC. BOARD OF DIRECTORS  (year ending June 2012)

Kenneth A. Tabler, Chairman  •  Sendy Rommel, President  •  Molly Coffay, Secretary
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Richard N. Pridgeon  •  Claro Pio Roda, M.D  •  Paul H. Shimizu
Anne Marie Smouse, LSCW-C  •  John R. Spelman  •  Eldon Watts, LCSW-C  •  Ethel Zelenske

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Patti Appel, Chief Financial Officer  •  Lee Deckelnick, Quality Improvement Director
Stu Hancock, Homeless Outreach Director  •  Jeff Martin, Baltimore County RRP Director
Debbi Sauers, PRP Director  •  Karen Staley, HR Director
Kwante’ Carter, Carroll County Residential Coordinator

ADMINISTRATIVE AND HOMELESS OUTREACH OFFICES
AND PSYCHIATRIC REHABILITATION PROGRAM
The Harry and Jeanette Weinberg Center
3 Milford Mill Road, Baltimore, MD 21208  •  410.653.6190

BALTIMORE COUNTY HOMELESS OUTREACH SITE
609 Baltimore Avenue, Towson, MD 21204  •  410.653.6190

MARTYLOG WELLNESS AND RECOVERY DROP-IN CENTER
3 Milford Mill Road, Baltimore, MD 21208  •  410.917.2702 (Info Line)  •  410.653.6190

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